

BREAST REDUCTION EVALUATION – TO BE COMPLETED BY PATIENT

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

1. Have you had a mammogram? \_\_\_\_\_  
Approximate date: \_\_\_\_\_  
Facility where mammogram performed: \_\_\_\_\_
  
2. Have you been treated by an Orthopedic Surgeon for evaluation of back/ shoulder/ neck pain ? \_\_\_\_\_  
Name of Physician: \_\_\_\_\_  
Duration of treatment: \_\_\_\_\_
  
3. Have you been treated by a Chiropractor? \_\_\_\_\_  
Name of Physician: \_\_\_\_\_  
Duration of treatment: \_\_\_\_\_
  
4. Have you undergone physical therapy? \_\_\_\_\_  
Duration of treatment: \_\_\_\_\_
  
5. Have you been prescribed non steroidal anti-inflammatory drugs (NSAIDS) and /or muscle relaxant medications? \_\_\_\_\_  
If so please list: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Duration of treatment: \_\_\_\_\_
  
6. Have you taken over the counter non-steroidal anti-inflammatory drugs (NSAIDS)? \_\_\_\_\_  
If so please list: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Duration of treatment: \_\_\_\_\_
  
7. Do you have symptoms of skin breakdown under the breasts? \_\_\_\_\_  
If so please specify: \_\_\_\_\_  
Have you been treated by a Dermatologist for this condition: \_\_\_\_\_
  
8. Please list limitations of daily living activities directly related to large breasts :  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TO BE COMPLETED BY OFFICE STAFF

Patient Height: \_\_\_\_\_ Patient Weight: \_\_\_\_\_ Patient Bra Size: \_\_\_\_\_

Approximate Grams to be removed: \_\_\_\_\_ Right \_\_\_\_\_ Left